Janardan Bhagat Shikshan Prasarak Sanstha's

CHANGU KANA THAKUR

Arts, Commerce and Science College, New Panvel (Autonomous)

Re-accredited A+ Grade by NAAC (Third Cycle-CGPA-3.61)

'College with Potential and Excellence' Status Awarded by UGC

'Best College Award' By University Of Mumbai

Counseling Cell - Academic Year 2023-2024

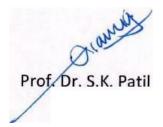
SR. NO	NAME OF WORKSHOP ORGANIZED	DURATION	START DATE	END DATE	BENEFICIARI ES	CLASSIFY THE ACTIVITY
1.	Yuva Manasrang Club established by Manasrang and CKT college	2 days	24 th July.23	25 th July'23	53	To create mental health awareness, College Staff, students received training of basic skills required in Mental health field (Preventing suicides)
2.	Celebrated World mental health day	4 days	10 th October' 2023	10 th October' 2023	163	Celebrated World Mental Health Day with distributing bookmarks, performing street play and singing songs
3.	Password to Success	10 to 2 pm	7 th November	11 th November	90	Life skills development programme for students development. (Following were the topics : Communication and listening skills Screen Addiction, Anger Management,

			-	I	-	D 1.1
						Pre-marital
					407	education)
4.	Orientation to Counseling	3 HRS PER DAY	21 AUG & 22 AUG	21 AUG	127 168	To introduce
		DAT		22 AUG		students
	Jina Isika Naam hai					regarding
	session for BAF students					counseling
						facility at college.
						And about Jina
						Isika naam Hai
						programme is to
						accept the things,
						to get ready for
						change and
						appreciate what
					-	we do have.
SR.		DURATION	START	END	BENEFICIARI ES	
NO	ORGANIZED		DATE	DATE	ES	ΑCTIVITY
5	Activities conducted by	1 and half	22 nd August			Sessions conducted
	students of Manasrang	hour	September			for BAF, CS and IT
	Team (Documentary		October			departments
	U					
	prevention)			. 415		
6	Pradnya Parisar Prakalp	2 days	12 th and	13 th	06	2 nd phase
	Two days training		september	September		Designing
	Programme of 2 nd phase					experience of life
7.	Follow up of the activities	7 hrs.	30 th	30 th	20 Student	1 day follow up
	conducted by Manasrang	1 day	December	December	Student Manasrang	session and healthy
	students in 2023	тиау			Team	discussion done for
	Session by Manasrang					students by
	resource persons on Love,					Parivartan Trust
	Attraction and Friendship					Team
8.	Lifeskills mastery:	3 HRS PER	24^{th} JAN	27 th Jan	50	This programme
0.	Blueprint to success for	DAY	27 JAN	27 Juli		was conducted for
	-					girls only. The
	girls					sessions were
						:POSH ACT,
						Prevention of
						Cybercrime and
						Menstruation
						health and Yoga
						and healthy
•					264	lifestyle.
9.	Mansik Arogya Jatra	7 HRS	16 [™] FEB	16 TH FEB	204	To spread the
						mental health
						awareness, Yuva
						Manasrang Club
						conducted street

					plays, poster competition and stalls in college campus. Dr. Hamid Dabholkar renowned psychiatrist visited this project.
10	Day to Day Counseling Intense Cases Other Cases	2023	2024	11 50	Total 61 students approached counselling cell

JOAC Coordinator





C.K.T.A.C.S. New Panvel (Autonomous)