



**Janardan Bhagat Shikshan Prasarak Sanstha's**  
**CHANGU KANA THAKUR**  
**ARTS, COMMERCE & SCIENCE COLLEGE, NEW PANVEL**  
**(AUTONOMOUS)**

**Re-accredited 'A+' Grade by NAAC**  
**'College with Potential for Excellence' Status Awarded by UGC**  
**'Best College Award' by University of Mumbai**

**Program: B.A/B.COMM/B.SC/B.M.S/B.A.F**

**Revised Syllabus of Foundation Course National Service Scheme**  
**Choice Based Credit & Grading System**  
**(75:25) and (60:40)**

**w.e.f. Academic Year 2020-2021**

**SEMESTER III AND IV**

## Semester III

Sr. No	Modules/Units
1.	<p><b>Value System &amp; Gender Sensitivity</b></p> <p><b>Unit I: Value System</b></p> <ul style="list-style-type: none"> <li>• Meaning of Values, Types of Values.</li> <li>• Human Values &amp; Social Responsibilities.</li> <li>• Indian Value System-the concept and its features.</li> <li>• Eleven Vows.</li> </ul> <p><b>Unit II: Women Empowerment</b></p> <ul style="list-style-type: none"> <li>• Concept of empowerment.</li> <li>• Causes behind gender related problems.</li> <li>• Meaning of women empowerment.</li> <li>• Policy legislation and schemes for women empowerment in India.</li> </ul>
2.	<p><b>Disaster Preparedness and Disaster Management.</b></p> <p><b>Unit I: Basics of Disaster Preparedness.</b></p> <ul style="list-style-type: none"> <li>• Disaster-its meaning and types. (Local disasters- possible Panvel district disaster and its vicinity)</li> <li>• Concept of Vulnerability and Risks.</li> <li>• Disasters Preparedness-its meaning and methods.</li> <li>• Helpline Numbers, First Aids techniques.</li> <li>• Breathing techniques (Rescue methods-CPR)</li> <li>• Various types of knots and stretchers.</li> </ul> <p><b>Unit II: Disaster Resilient Community</b></p> <ul style="list-style-type: none"> <li>• Disaster Management-concept</li> <li>• Disaster cycle, evacuation procedure and mock drills.</li> <li>• Role of Technology in Disaster Response.</li> <li>• Role of volunteer as First response.</li> <li>• Disaster Management cells at different levels and its functioning (Local to National).</li> <li>• Sendai Convention.</li> </ul>
3.	<p><b>Health, Hygiene and Diseases.</b></p> <p><b>Unit I: Meaning of Health and Hygiene.</b></p> <ul style="list-style-type: none"> <li>• Indicators (Physical &amp; Mental) - Types of Health</li> <li>• Role of Health in Development.</li> <li>• Public Health System in India(include different schemes NHM, JSSY,AYUSH, Health insurance)</li> <li>• Maintenance of Hygiene.</li> <li>• Sanitation programmes in India (Local to National).</li> </ul> <p><b>Unit II: Diseases and Disorders- preventive campaigning</b></p> <ul style="list-style-type: none"> <li>• Diseases and Disorders.</li> <li>• Communicable and Non-Communicable Diseases.</li> <li>• Preventive campaigning in Malaria, Tuberculosis, Dengue, Cancer, HIV/AIDS, Diabetes.</li> </ul>
4.	<p><b>Environment &amp; Energy Conservation</b></p> <p><b>Unit I: Environment and Environmental Enrichment Programme.</b></p> <ul style="list-style-type: none"> <li>• Environment-Meaning and Features.</li> <li>• Contemporary environmental issues in India.</li> <li>• MDGs and SDGs.</li> <li>• Sustainability in Environment with respect to water conservation. <ul style="list-style-type: none"> <li>➤ Bandhara, CCT (Continuous Contour trench), Rain Water Harvesting.</li> </ul> </li> </ul> <p><b>Unit II: Energy and energy Conservation programme.</b></p> <ul style="list-style-type: none"> <li>• Energy- Meaning and types.</li> <li>• Non-conventional energy and conventional energy.</li> <li>• Energy Conservation-the meaning and importance.</li> </ul>

## Semester IV

Sr. No	Modules/Units
1.	<b>Entrepreneurship Development and Schemes</b>
	<b>Unit I: Entrepreneurship Development</b> <ul style="list-style-type: none"><li>• Entrepreneurship development-its meaning</li><li>• Attributes of Entrepreneur</li><li>• Women Entrepreneur in India (Case Studies)</li></ul> <b>Unit II: Government and Self-Employment Schemes for entrepreneurship development</b> <ul style="list-style-type: none"><li>• Skill India</li><li>• Start-up India</li><li>• Digital India</li><li>• Make in India</li><li>• NITI Aayog</li></ul>
2.	<b>Cottage Industries in India</b>
	<b>Unit I: Cottage Industries- Its origin</b> <ul style="list-style-type: none"><li>• Pre-Independent &amp; Post-Independence Scenario.</li><li>• Marketing of Cottage products and outlets.</li></ul> <b>Unit II: Government Policies to encourage cottage industries</b> <ul style="list-style-type: none"><li>• Hurdles in the development of cottage industries.</li></ul>
3.	<b>Rural Resources mobilization and Ideal village</b>
	<b>Unit I: Resources Mobilization- Meaning</b> <ul style="list-style-type: none"><li>• Resource Native Estimation</li><li>• Case Study of Eco-Village, Eco-Tourism, Agro-Tourism.</li></ul> <b>Unit II: Concept of 'Ideal Village'</b> <ul style="list-style-type: none"><li>• Gandhian concept of 'Ideal village'</li><li>• Case studies of Ideal village-Ralegansiddhi, Hiware Bazaar, Mendhalekha.</li></ul>
4.	<b>Voluntary Organisations and Non-Govt.Organisations in Maharashtra</b>
	<b>Unit I: Environment and Environmental Enrichment Programme.</b> <ul style="list-style-type: none"><li>• Search</li><li>• Anandwan</li><li>• Muktangan</li></ul> <b>Unit II:</b> <ul style="list-style-type: none"><li>• Shantivan</li><li>• Halo Medical Foundation (HMF)</li><li>• Yusuf Meher Ali Centre.</li></ul>

## REFERENCES

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2. University of Mumbai National Service Scheme Manual 2009.
3. Avhan Chancellor's Brigade – NSS Wing, Training camp on Disaster Preparedness Guidelines, March 2012
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5. National Service Scheme Manual for NSS District Coordinators, National Service Scheme Cell, Dept. of Higher and Technical Education, Mantralaya,
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12. Training Manual for Field Work published by RGNIYD, Shreeperumbudur.
13. Prof. Ghatole R.N. Rural Social Science and Community Development.
14. Purushottam Sheth, Dr. Shailaja Mane, National Service Scheme.
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